

Simply Stacie

Product & Book Reviews,
Giveaways and More...

Home About Advertise Directory Blog Roll Winners Contact

enter search terms

Reviews & Giveaways Blogger Resources Monetize Your Blog Blog Policies PR Friendly Blogs

Log onto EarthShare.org and see what you can do.
Earth Share One environment. One simple way to care for it.®



Healthy & Fit Challenge 2011: Veggiecation Review

[0] January 25, 2011 | Maureen

Do you struggle with getting your children to eat their vegetables? If so, **Veggiecation** is fantastic and fun new resource that originally began as a school lunch based program curriculum that is now available at home and for after-school programs.

0 tweets

Share



I am the mother of three children and understand the importance of instilling healthy eating habits including consuming lots of vegetables as opposed to cookies and sugary treats. I love the concept of Veggiecation and found the materials that I reviewed educational and entertaining too.

The Veggiecation program provides parents/adults with learning materials including an activity/coloring book, recipe booklets and even a fun audio CD "Veggiecation Across the Nation". I home educate my children so I thought this would be an excellent resource and I was right. We sort of cheated though because my kids really enjoy vegetables.....each year we grow an organic vegetable garden and the children are responsible for helping with different parts of growing their favorite fruits and vegetables.





SUBSCRIBE HERE

Enter your email address below to receive updates each time we publish new content.

Privacy guaranteed. We'll never share your info.

TOTN IIS ON FACEBOOK

Simply Stacie **Simply Stacie** on Facebook
Robert's Wife

6,374 people like Simply Stacie

Senarath	Shamith	Adi	Nat	Debra
Teresa	Michelle	Viraj	Tharindu	Rukshan

Facebook social plugin



FOLLOW

Follow
with Google Friend Connect

Followers (7129) [More »](#)

Already a member? [Sign in](#)

ARCHIV

Select Month



Copyright © 2007-2011
by Simply Stacie. All
rights reserved.



Page Rank 4

5459 readers
BY FEEDBURNER

Traffic Rank
simplystacie.net
27,510
Powered by Alexa

WEBSITE GRADE
99
POWERED BY
WebsiteGrader

Simply Stacie
70
KLOUT SCORE
simplystacienet

© Simply Stacie 2011. All rights reserved. | [Login](#) | Designed by [Jessica Benton](#) , [iDesign](#)

