

The Lunch Tray

kids and food, in school and out

TLT Guest Blogger: Veggiecation — An Innovative Curriculum Teaches Kids About Food

by LISA SURIANO on SEPTEMBER 9, 2010

[**Ed. Note:** While I take the day off for Rosh Hashana, I'm so pleased to introduce today's guest blogger, Lisa Suriano. Lisa holds a Masters of Science in Nutrition, caters private school meals and is the creator of a curriculum-based lunch program, Veggiecation, which she describes in detail here.]



Children are profoundly interested in learning about their world – and food is a major aspect of their lives. For the most part, however, children are kept out of the processes that result in their snacks and meals. Children are fed



What foods would you like to see on the Lunch Tray's new lunch tray photo?



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